INTERACTION OF THREE-DRUG COMBINATION OF LACOSAMIDE, CARBAMAZEPINE AND PHENOBARBITAL IN THE MOUSE MAXIMAL ELECTROSHOCK-INDUCED SEIZURE MODEL – AN ISOBOLOGRAPHIC ANALYSIS

INTERAKCJA TRÓJLEKOWEJ KOMBINACJI LAKOZAMIDU, KARBAMAZEPINY I FENOBARBITALU W TEŚCIE MAKSYMALNEGO WSTRZĄSU ELEKTRYCZNEGO U MYSZY – ANALIZA IZOBOLOGRAFICZNA

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Summary

Background. Epilepsy is one of the serious neurological diseases characterized by seizures that affect about 1% of people worldwide (65 million), and therefore, epilepsy can be considered as a disease of civilization. Although seizures are controllable with antiepileptic drugs (AEDs) in about 70% of cases, it remains still about 30% of epilepsy patients inadequately medicated with these AEDs, who need a full control of their seizure attacks. One of the treatment options in these patients is application of two or three AEDs in combination. The aim of this study was to characterize the anticonvulsant effects of a combination of three AEDs (i.e., carbamazepine [CBZ], lacosamide [LCM] and phenobarbital [PB]) at the fixed-ratio of 1:1:1 in the mouse maximal electroshock (MES)-induced seizure model.

Materials and methods. Tonic hind limb extension (seizure activity) was evoked in adult male albino Swiss mice by a current (sine-wave, 25 mA, 500 V, 50 Hz, 0.2 s stimulus duration) delivered *via* auricular electrodes. Type I isobolographic analysis was used to analyze the three-drug combination. **Results.** Type I isobolographic analysis revealed that the combination of CBZ, LCM and PB (at the fixed-ratio of 1:1:1) exerted additive interaction with a slight tendency towards antagonism in the mouse MES-induced seizure model.

Conclusions. A special caution is advised to patients taking LCM in combination with CBZ and PB because this three-drug combination offered additive interaction with a slight tendency towards antagonism in the mouse MES model.

Keywords: antiepileptic drugs, isobolographic analysis, maximal electroshock, three-drug combination

Streszczenie

Wprowadzenie. Padaczka jest jedną z poważnych chorób neurologicznych charakteryzującą się występowaniem drgawek, które dotykają około 1% ludzi na świecie (65 milionów) i dlatego też padaczka może być uważana za chorobę cywilizacyjną. Chociaż drgawki padaczkowe kontrolowane są lekami przeciwpadaczkowymi w około 70% przypadków, wciąż pozostaje około 30% pacjentów z padaczką niewłaściwie leczonych tymi lekami, którzy wymagają pełnej kontroli napadów. Jedną z opcji leczniczych u tych pacjentów jest zastosowanie dwóch lub trzech leków przeciwpadaczkowych w kombinacji. Celem badania była ocena działania przeciwdrgawkowego kombinacji trzech leków przeciwpadaczkowych (tj.: karbamazepiny [CBZ], lakozamidu [LCM] i fenobarbitalu [PB]) w stałej proporcji dawek 1:1:1 w teście maksymalnego wstrząsu elektrycznego u myszy.

Materiały i metody. Toniczny wyprost kończyn tylnych (aktywność drgawkowa) wywoływano u dorosłych myszy szczepu albino Swiss prądem (25 mA, 500 V, 50 Hz, 0,2 s czas stymulacji) dostarczanym przez elektrody uszne. Zastosowano typ I analizy izobolograficznej do oceny trójlekowej kombinacji.

Wyniki. Typ I analizy izobolograficznej wykazał, że kombinacja CBZ, LCM i PB (w stałej proporcji dawek 1:1:1) wykazuje interakcje addytywną z niewielką tendencją do antagonizmu w teście maksymalnego wstrząsu elektrycznego u myszy.

Wnioski. Zaleca się szczególną ostrożność pacjentom przyjmującym LCM do kombinacji CBZ i PB ponieważ ta trójlekowa kombinacja oferuje addycję z niewielką tendencją do antagonizmu w teście maksymalnego wstrząsu elektrycznego u myszy.

Słowa kluczowe: leki przeciwpadaczkowe, analiza izobolograficzna, maksymalny wstrząs elektryczny, trójlekowe kombinacje

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Background

In spite of advanced knowledge on pathophysiological processes underlying epileptogenesis and a wide range of antiepileptic drugs (AEDs), currently available for the treatment of patients with epilepsy, there is still about 30% of epilepsy patients inadequately medicated with these AEDs in monotherapy [1-3]. For these patients, some new therapeutic options are required to stop their seizures so as not to decrease their quality of lives [2-4]. Of these options, combinations of various AEDs in duo- and triple therapy and/or application of some novel AEDs in monotherapy seem to be the most adequate [5, 6]. At present, several two-drug and three-drug combinations are recommended for patients, who are resistant to monotherapeutic use of the first-line AEDs [2, 3]. From a clinical point of view, there exists a general rule for combining AEDs to provide the most advantageous combinations. This rule is based on co-administration of AEDs with diverse molecular mechanisms of anticonvulsant action in order to complementary enhance their antiseizure effects in the mixture [6, 7]. Simultaneously, the ideal AED combination should reduce side effects of the AEDs in mixture [7, 8].

Because the assessment and characterization of types of interactions among AEDs in clinical trials is very difficult and performed empirically, pre-clinical studies on animals may help to provide evident information on the exact nature of interaction occurring among drugs. In such cases, pre-clinical *in vivo* experiments can confirm whether or not the theoretically selected AED combinations are favorable [8].

Lacosamide (LCM) is a novel third-generation AED that has recently been licensed as adjunctive therapy in the treatment of partial-onset seizures with or without secondary generalization in adult patients with epilepsy [9-11]. Similarly, carbamazepine (CBZ) and phenobarbital (PB) – two AEDs are widely used in patients with tonic-clonic seizures and partial convulsions [12]. From a clinical viewpoint, the combined application of LCM with CBZ or PB should result in a favorable combination because it should offer suppression of tonic-clonic seizures in patients with epilepsy refractory to the separate use of these AEDs in monotherapy [13]. Additionally, the selection of this three-drug combination (LCM, CBZ and PB) in our study fulfils theoretical criteria of an ideal AED combination providing maximal therapeutic effects along with minimal or no toxic effects [7]. However, this hypothesis needs experimental verification and confirmation in the mouse MES model. Of note, the maximal electroshock-induced seizures (MES) are thought to be an experimental model of tonic-clonic seizures and, to a certain extent, of partial onset seizures with or without secondary generalization in humans [14]. This is the reason to conduct experiments using LCM, CBZ and PB in this seizure model.

The aim of this study was to experimentally assess and characterize the type of interactions among three AEDs (LCM, CBZ and PB) in the mouse MES model. The characteristics of interaction among LCM, CBZ and PB was evaluated with type I isobolographic analysis, which is considered to be the method of choice for examining interaction in pre-clinical studies [15].

Materials and methods

All experiments were carried out on adult male albino Swiss mice (weighing 22-26 g) purchased from a licensed breeder (Dr. J. Kolacz, Warszawa, Poland). The experimental protocols and procedures described hereupon were approved by the Second Local Ethics Committee at the University of Life Sciences in Lublin (License no.: 45/2014).

The following AEDs were used in this study: CBZ (Polfa, Starogard Gdanski, Poland), LCM (Vimpat®, UCB Pharma, Brussels, Belgium), and PB (Polfa, Kraków, Poland). All drugs were suspended in a 1% solution of Tween 80 (Sigma-Aldrich, Poznań, Poland) in distilled water and were administered i.p. in a volume of 5 ml/kg body weight as follows: LCM and CBZ at 30 min, PB at 60 min, prior to maximal electroconvulsions.

Maximal electroconvulsions (seizure activity) were produced by a current (25 mA, 500 V, 50 Hz, 0.2 s stimulus duration) delivered via standard auricular electrodes by a Hugo Sachs generator (Rodent Shocker, Type 221, Freiburg, Germany). The criterion for the occurrence of seizure activity was the tonic hind limb extension. The animals were administered with different drug doses so as to obtain a variable percentage of protection against MES-induced seizures, allowing for the construction of a dose-response effect line (DREL) for the studied AEDs administered alone, according to Litchfield and Wilcoxon [16]. The protective activities of CBZ, LCM and PB administered separately and their combinations were evaluated and expressed as their median effective doses (ED $_{50}$ in mg/kg), protecting 50% of mice against MES-induced seizures. The anticonvulsant activity of the mixture of LCM, CBZ and PB at the fixed-ratio of 1:1:1 was evaluated and expressed as the experimental median effective dose (ED $_{50}$ exp value) against MES-induced seizures.

To assess the nature of interactions among three drugs in combination in preclinical studies on animals, an isobolographic analysis of interaction was applied according to the method described earlier [15, 17]. The percentage of animals protected against MES-induced seizures per dose of an AED administered singly and the

dose-response effect line (DREL) for each investigated AED in the mouse MES model were fitted using log-probit linear regression analysis according to Litchfield and Wilcoxon [16]. The median effective doses (ED₅₀ values) of AEDs administered alone were calculated from the respective linear equations. The test for parallelism of DRELs for LCM, PB and CBZ based on the log-probit analysis was used. Subsequently, the median additive doses of the three $drug\ mixture\ of\ LCM, PB\ and\ CBZ\ (ED_{_{50\,add}}-i.e., a\ dose\ of\ the\ three-drug\ mixture, which\ theoretically\ should\ protect$ 50% of the animals tested against MES-induced seizures) for the fixed-ratio combination of 1:1:1 was calculated from the equation of additivity, as follows: $x/\text{ED}_{50_\text{LCM}} + y/\text{ED}_{50_\text{PB}} + z/\text{ED}_{50_\text{CBZ}} = 1$; where x – is the dose of LCM, y – is the dose of PB, and z – is the dose of CBZ, co-administered as a mixture that exerts the desired effect (50% effect for ED_{50}), respectively. The calculation of the $ED_{50\,add}$ value for the three-drug mixture at the fixed-ratio combination of 1:1:1 is always associated with determination of fractions of three drugs in mixture, as follows: $ED_{50\,add} = (f_{LCM})$ \times ED_{50_LCM}) + ($f_{PB} \times$ ED_{50_PB}) + ($f_{CBZ} \times$ ED_{50_CBZ}); where: f_{LCM} , f_{PB} and f_{CBZ} – are the fractions of LCM, PB and CBZ in a total amount of the mixture, respectively. Thus, for the three-drug mixture the above expression is true when: $f_{LCM} + f_{PB} + f_{CBZ} = 1$. To simplify the notation and nomenclature of interactions in isobolography, the drug doses were administered at the fixed-ratio combination (e.g. 1:1:1). The fixed-ratio combination of 1:1:1 refers to ratios that were based on the ED $_{50}$ values of the constituent drugs. In this study, the mixture at the fixed-ratio of 1:1:1 comprised $^1/_3$ of the ED $_{50}$ of LCM, $^1/_3$ of the ED $_{50}$ of PB and $^1/_3$ of the ED $_{50}$ of CBZ. Thus, the isobolographic notation of the fixed-ratio combination comprises numerators of fractions of ED $_{50}$ values for AEDs used in the mixture (1:1:1). Afterwards, proportions of the AEDs in the mixture were calculated and the respective mixtures of LCM, PB and CBZ were administered to animals. The anticonvulsant effects offered by the studied AEDs in combination at the fixed-ratio of 1:1:1 in the mouse MES model were evaluated and expressed as the experimentally-derived ED_{50 exp} value, corresponding to a dose of three-drug mixture, sufficient for the 50% protective effect against MESinduced seizures in mice. Finally, to determine the separate doses of LCM, PB and CBZ in the mixture, the ED_{50 exp} and $ED_{50\,add}$ values were multiplied by the respective proportions of AEDs.

The experimentally-derived $ED_{50\,exp}$ value for the mixture of LCM, PB and CBZ at the fixed-ratio of 1:1:1 was statistically compared with its respective theoretical additive $ED_{50\,add}$ value by using the unpaired Student's t-test. All statistical tests were performed using GraphPad Prism version 5.0 for Windows (GraphPad Software, San Diego, CA, USA).

Results

LCM, PB and CBZ administered alone produced a clear-cut anticonvulsant effect against MES-induced seizures. The equations of DRELs for LCM (y = 7.6636 x - 1.6044; Figure 1), PB (y = 12.428 x - 13.572; Figure 1), and CBZ (y = 14.671 x - 11.93; Figure 1), allowed the determination of the ED₅₀ values for LCM, PB and CBZ, which were 7.27 \pm 0.77 mg/kg, 31.21 \pm 2.04 mg/kg and 14.25 \pm 0.79 mg/kg, respectively (Table 1).

Table 1. Anticonvulsant effects of carbamazepine (CBZ), lacosamide (LCM), and phenobarbital (PB) administered singly against maximal electroshock (MES)-induced seizures in mice

Drug	ED ₅₀	n	Drug combination	S. R.	f ratio S.R.	Test for parallelism
CBZ	14.25 ± 0.79	16	LCM vs. CBZ	1.154	1.126	non-parallel
LCM	7.27 ± 0.77	16	LCM vs. PB	1.122	1.134	parallel
РВ	31.21 ± 2.04	16	CBZ vs. PB	1.029	1.107	parallel

Results are presented as median effective doses (ED $_{50}$ values in mg/kg ± S.E.M.) of CBZ, LCM and PB administered singly against MES-induced seizures in mice. The drugs were administered systemically (i.p.), as follows: CBZ and LCM – 30 min, PB – 60 min before the MES-induced seizures. n – total number of animals used at doses whose expected anticonvulsant effects ranged between 4th and 6th probit (16% and 84%); S.R. – slope function ratio for the respective two-drug combinations (i.e., S_{LCM}/S_{CBZ}) and S_{PB}/S_{CBZ} ; f ratio S.R. – factor for slope function ratio for the respective two-drug combinations. #Test for parallelism: if the S.R. value determined for two dose-response effect lines (DRELs) is lower than the f ratio S.R. value (S.R. < f ratio S.R.), the examined two DRELs are parallel to one another [16].

Source: own elaboration.

The test for parallelism of DRELs between LCM and PB, CBZ and PB revealed that the drugs had their DRELs parallel to each other (Table 1). In contrast, DRELs between LCM and CBZ are non-parallel to one another (Table 1). The three-drug combination of LCM, PB and CBZ at the fixed-ratio of 1:1:1 exerted the anticonvulsant activity in the MES test and the experimentally derived $ED_{50 \text{ exp}}$ value for the mixture of three AEDs (y = 5.7745 x - 2.6105; Figure 1) was $20.79 \pm 2.39 \text{ mg/kg}$ (Table 2; Figure 2).

Table 2. Type I isobolographic analysis of interaction among carbamazepine (CBZ), lacosamide (LCM) and phenobarbital (PB) at the fixed-ratio of 1:1:1 in the mouse maximal electroshock (MES)-induced seizure model

ED _{50 exp}	n_{exp}	LCM _{exp}	PB _{exp}	CBZ _{exp}	ED _{50 add}	n add	LCM _{add}	PB _{add}	CBZ add
20.79 ± 2.39	24	2.87	12.31	5.62	17.58 ± 0.70	50	2.42	10.40	4.75

Data are presented as median effective doses (ED_{50} values in mg/kg \pm S.E.M.) protecting 50% of animals tested against MES-induced seizures. The ED_{50} values were either experimentally determined from the mixture of three drugs ($ED_{50 \, exp}$) or theoretically calculated as additive for the three-drug mixture ($ED_{50 \, add}$). The actual doses of LCM, PB and CBZ that comprised the mixtures at the fixed-ratio combination of 1:1:1 for both $ED_{50 \, exp}$ and $ED_{50 \, add}$ values are presented in separate columns. Statistical evaluation of data was performed by using unpaired Student's t-test. n – total number of animals used at those doses whose expected anticonvulsant effects were ranged between 4^{th} and 6^{th} probit, denoted for the experimental mixture of drugs (n_{exp}) and theoretically calculated ($n_{add} = n_{-LCM} + n_{-PB} + n_{-CBZ} - 6$). Source: own elaboration.

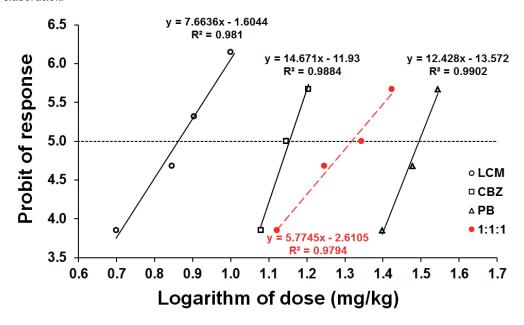


Figure 1. Log-probit dose-response effect lines (DRELs) of carbamazepine (CBZ), lacosamide (LCM) and phenobarbital (PB) administered alone and in combination at the fixed-ratio of 1:1:1 against maximal electroshock (MES)-induced seizures in mice

Doses of CBZ, LCM and PB administered alone and in combination at the fixed-ratio of 1:1:1 were transformed to logarithms, whereas the protective (anticonvulsant) effects offered by the AEDs against MES-induced seizures were transformed to probits according to Litchfield and Wilcoxon [16]. Linear regression equations of dose-response effects for CBZ, LCM and PB administered alone and in combination are presented on the graph; where y – is the probit of response; x – is the logarithm (to the base 10) of an AED dose or a dose of the mixture of the studied AEDs; and R^2 – coefficient of determination.

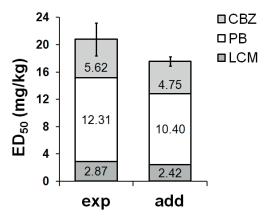


Figure 2. Doses of carbamazepine (CBZ), lacosamide (LCM) and phenobarbital (PB) in the three-drug mixture at the fixed-ratio combination of 1:1:1 against maximal electroshock (MES)-induced seizures in mice

Columns represent median effective doses (ED_{50} in mg/kg ± S.E.M.) of the mixture of three drugs at the fixed-ratio of 1:1:1 that were experimentally determined in the MES-induced seizure test in mice (exp), and theoretically calculated as additive (add). Doses of CBZ, PB and LCM in combination at the fixed-ratio of 1:1:1 are presented as stacked bars. Statistical comparison of data was performed by using unpaired Student's t-test.

The isobolographic analysis of interaction revealed that the three-drug mixture at the fixed-ratio of 1:1:1 exerted additive interaction with a slight tendency towards antagonism in the MES test in mice (Figure 3A-3C).

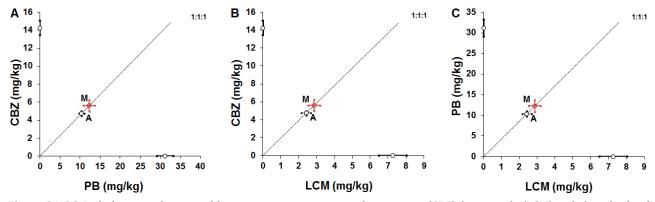


Figure 3A-3C. Isobolograms showing additive interactions among carbamazepine (CBZ), lacosamide (LCM) and phenobarbital (PB) against maximal electroshock (MES)-induced seizures in mice

The median effective doses (ED $_{50}$ values) for CBZ, LCM and PB are plotted graphically on X-axis and Y-axis (Figure 3A–3C). The solid lines on the X and Y axes represent the S.E.M. for the AEDs administered alone. The open circles (o) depict the experimentally-derived ED $_{50 \text{ exp}}$ s (\pm S.E.M.) and theoretically calculated ED $_{50 \text{ add}}$ s (\pm S.E.M.) for total doses expressed as the proportions of AEDs that produced a 50% protection of animals against MES-induced seizures. The S.E.M. values are presented as horizontal and vertical error bars for the ED $_{50 \text{ exp}}$ s and ED $_{50 \text{ add}}$ s. Points M and A on each graph reflect the ED $_{50 \text{ exp}}$ and ED $_{50 \text{ add}}$ values, respectively. The line starting from the point (0, 0) and crossing through the points M and A corresponds to the fixed-ratio of 1:1:1 for the combination of CBZ, LCM and PB. The experimental ED $_{50 \text{ exp}}$ value of the three-drug mixture for the fixed-ratio of 1:1:1 is placed close to the theoretically calculated ED $_{50 \text{ exp}}$ value, indicating the additive interaction.

ratio of 1:1:1 is placed close to the theoretically calculated ED_{50 add} value, indicating the additive interaction. **(A)** Interaction between CBZ and PB. The X- and Y-coordinates for all points presented on the isobologram are as follows: M (12.31; 5.62) and A (10.40; 4.75).

(B) Interaction between LCM and CBZ. The X- and Y-coordinates for all points presented on the isobologram are as follows: M (2.87; 5.62) and A (2.42; 4.75).

(C) Interaction between LCM and PB. The X- and Y-coordinates for all points presented on the isobologram are as follows: M (2.87; 12.31) and A (2.42; 10.40).

The experimentally-derived $ED_{50 \text{ exp}}$ value for this fixed-ratio combination (20.79 ± 2.39 mg/kg) did not differ significantly from the corresponding additively calculated $ED_{50 \text{ add}}$ value (17.58 ± 0.70 mg/kg) (Table 2; Figure 2).

Discussion

Results presented herein indicate clearly that the three-drug combination of LCM, PB and CBZ at the fixed-ratio of 1:1:1 exerted additive interaction with a slight tendency towards antagonism in the mouse MES model. The observed anticonvulsant effect of the three-drug combination (LCM+PB+CBZ) can be compared with the results obtained for three two-drug combinations (i.e., LCM+PB, LCM+CBZ and PB+CBZ) in the mouse MES model. The available experimental data indicated that the interaction between PB and CBZ in the mouse MES model was additive in nature [18]. At present, there is no information on the interaction between LCM and PB or CBZ in the mouse MES model. However, it was documented that the combination of LCM with CBZ produced supra-additive (synergistic) interaction in the mouse psychomotor seizure (6 Hz) model [19]. In light of the above-mentioned facts, the combination of three drugs (i.e., LCM, PB and CBZ) in the mouse MES model has no advantage over the combination of CBZ with PB, as determined in this seizure model. On the other hand, evaluation of acute adverse effects for the AEDs in combination revealed that the tested three-drug mixture was devoid of any side effects with respect to motor coordination, long-term memory or skeletal muscular strength in mice (results not shown). Lack of any acute side effects in animals receiving the combination of LCM, PB and CBZ, in doses corresponding to the ED_{50 exp} value, indirectly indicated that the combination was safe enough to be used in further clinical trials.

It should be stressed that in this study we described, for the first time, a modified method of type I isobolographic analysis dedicated to assess the nature of pharmacodynamic interaction among three AEDs. As suggested in the Introduction, the combination of three AEDs (LCM, CBZ and PB) with various molecular mechanisms of anticonvulsant action should exerted beneficial interaction in the mouse MES model. It is important to note that the selection of AEDs to this three-drug combination (i.e., LCM, PB and CBZ) was based on theoretical presumptions

related with diverse complementary molecular mechanisms of anticonvulsant action ascribed to these AEDs. More specifically, CBZ reduces the frequency of sustained repetitive firing of action potentials in neurons and blocks voltage-dependent sodium channels [20]. PB enhances γ -aminobutyric acid (GABA)_A receptor-mediated currents through the binding to an allosteric regulatory site on the GABA_A-benzodiazepine receptor-chloride ionophore complex [21, 22]. Additionally, PB blocks excitatory responses induced by glutamate thereby the a-amino-3-hydroxy-5-methyl-4-isoxazole-propionic acid (AMPA) receptors [23]. In the case of LCM, the drug through the selective enhancement of slow inactivation of voltage-gated sodium channels, stabilizes hyperexcitable neuronal membranes [24, 25]. The drug displays also affinity for the glycine strychnine-insensitive recognition site of the NMDA receptor complex, and allosterically blocks NMDA receptors with a specific action on receptors containing the NR2B subunit [24, 25].

Thus, considering the above-mentioned various molecular mechanisms of anticonvulsant action of the tested AEDs, the combination of LCM, CBZ and PB is expected to synergistically or additively suppress tonic-clonic seizures in experimental animals subjected to the MES test due to their complementary mechanisms of action.

Another fact needs special attention when explaining the results obtained in this isobolographic study. We used the combination of 3 drugs in doses that were 3-times lower than their corresponding ED_{50} values, as determined separately in the mouse MES model. This reduction of drug doses was dependent on an isobolographic equation of additivity, suggesting that every n-drug mixture must comprise n-times reduced ED_{50} values of the tested drugs alone; where n – is the number of drugs used in combination. In any isobolographic case, the equation of additivity is equal to unity and we have results corresponding to monotherapy with one effective drug, in terms of suppression of MES-induced seizures in mice. It is worthy of noting that the reduction of drug doses is advantageous because of limitation of side effects of singly used drugs that would appear in experimental animals.

Conclusions

- 1. The three-drug combination of LCM, CBZ and PB exerted additive interaction with a slight tendency towards antagonism in the mouse MES model.
- 2. This three-drug combination should be avoided in clinical trials in patients with drug resistant epilepsy because it did not provide any additional advantages over the use of the combination of CBZ with PB.
- 3. LCM added to the combination of PB and CBZ did not change significantly the nature of additive interaction.

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