

## ANALYSIS OF MULTIDIMENSIONAL POVERTY IN RURAL ADAMAWA STATE, NIGERIA

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**Abstract.** This study assessed multidimensional poverty in rural parts of Adamawa State, Nigeria. Specifically, the study objectives were to: describe the respondents' socio-demographic characteristics, determine their multidimensional poverty status, and identify the determinants of multidimensional poverty in the communities sampled. A multi-stage cluster sampling technique was used to collect primary data from 480 household heads selected from 16 villages across the study area. Data collected was analyzed using descriptive statistics, the Multidimensional Poverty Analytical Tool (MPAT) and a binary logistic regression model. The respondents' socio-demographic characteristics described in the study showed that their mean age was 46.3 years while the average household size was 7 persons. The study indicated that the majority (86.7%) of respondents were male, mostly married (91.7%) and educated (74%). The distribution of the respondents' multidimensional poverty status revealed that majority (61.7%) of the households were poor. The study revealed that multidimensional poverty in the study area is influenced negatively by age, marital status and household size. Similarly, gender, educational level, livelihood activities, farm size, livestock ownership, remittance, membership of group, and access to credit have a positive effect on multidimensional poverty. Key among the recommendations of this study is the provision of adequate basic infrastructure in the area.

**Keywords:** multidimensional poverty, rural, Adamawa State, Nigeria

### INTRODUCTION

Poverty is a negative state that threatens life, and considering its global prevalence, it is regarded as the foremost developmental challenge of many countries across the globe over the years (Jana et al., 2012; Ologbon et al., 2014; Sokołowski et al., 2019). Poverty connotes deprivation of, or insufficient access to, resources below certain acceptable standard in the society. According to Kanasz (2017), poverty occurs as a result of an unfortunate coincidence of external factors. To Tollens (2002), poverty is not an intrinsic attribute of people, but a product of livelihood systems. Similarly, Mitchell et al. (2008) considered poverty to be the failure of an individual to create and sustain a viable livelihood.

Traditionally, poverty was considered a monetary issue, and hence, income was used as proxy for measuring it (Łuczka-Bakuła and Kalinowski, 2006; Adeoti, 2014). In recent past, the concepts of poverty have been broadened to include many other human development variables that are not necessarily economic in nature (Battiston et al., 2009; Le, 2015). Poverty is now viewed as a multidimensional and extremely complex problem, depending on the context, place or capacity to deal with it (Kalinowski, 2018). Various typologies of material deprivation now exist in the literature, including in the context of cross-country analyses (Anacka and Kobus, 2011; Bienkuńska, 2013; Sokołowski et al., 2019). This multidimensional conceptualization of poverty takes

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into cognizance human development variables like access to public goods (e.g. education, healthcare, potable drinking water, sanitation etc.) and adequacy of social capital (absence of social exclusion). It is expected that such a multidimensional view of poverty will provide a comprehensive measurement of poverty, leading to the formulation and implementation of improved poverty reduction policies (Ologbon et al., 2014; Le, 2015). However, it is important to note that multidimensional poverty measurement should not be mistaken to be a simple measure of poverty along different dimensions considered separately, since then, upon aggregation, the association between attributes will be washed out. Association is a distinctive feature of multidimensional analysis; in fact, it is association that makes the analysis truly multidimensional (Anacka and Kobus, 2011; Yang and Vizard, 2017).

Eradicating the multiple dimensions of poverty is the foremost priority of the United Nations' Sustainable Development Goals (SDGs). The prominence of poverty eradication in the agenda of the United Nations is due to the global high prevalence of various dimensions of poverty across countries regardless of their level of development. While poverty is extremely severe in developing nations, especially those in Africa and Asia, developed nations in Europe still feel the scourge of poverty among some of its citizens (Bene and Friend, 2009; Abur et al., 2013; Kalinowski, 2018). In Nigeria, poverty is deep and widespread (Aderonmu, 2010), and its distribution in the country has shown a very high incidence in rural areas where bulk of the nation's population reside (Adepoju and Yusuf, 2012; NBS, 2017). The country's rural space holds about 53% of the nation's population (USAID, 2015). Rural livelihoods in Nigeria are mostly hinged on agriculture and other non-farm activities that depend on natural resources and are abundant in the localities (NBS, 2017). However, rural livelihoods are usually vulnerable to climate-related shocks and other economic risks and stresses (Mitchell et al., 2008). Similarly, most rural areas have limited income-generating opportunities and access to infrastructure and services (Mitchell et al., 2008; Aderonmu, 2010). The interplay of these factors has perpetuated the prevalence of poverty in most rural contexts.

Poverty in rural Nigeria is multifaceted and has increased geometrically in the last three decades (Abur et al., 2013). Currently, the country has the highest (over 90 million) proportion of persons living in extreme

poverty (World Poverty Clock, 2018). In fact, according to the organization, about 14 persons slide into such poverty every minute in the country. In terms of multidimensional poverty, Nigeria is still home to about 97 million poor people which is more than any other sub-Saharan African country (OPHI, 2018). The scale and complexity of poverty in Nigeria differs with location (Ifelunini et al., 2013). For instance, the North-East sub-region has a very high incidence of both income and multidimensional poverty (NBS, 2017; OPHI, 2017). A critical look at the incidence of multidimensional poverty in Adamawa State indicated that the State has 59% of its populace multidimensionally poor while an additional 20.4% live near multidimensional poverty (are vulnerable). Similarly, in terms of human development, the State's score of 0.428 has fallen short of the national average score of 0.511 (UNDP, 2018). In rural parts of the State where bulk of the population reside and practice farming as their primary livelihood activity (Adamawa..., 2016), the scale of such poverty and low human development could be much higher.

Across rural areas of Nigeria, the multidimensional deprivation (poverty) of human wellbeing is expressed in many ways. These deprivations are evident in terms of rural communities' limited access to basic social amenities/services (especially healthcare, education, potable drinking water, electricity, good access road etc.), food insecurity, inadequate financial resources, degraded environment, and social exclusion from civil, social and cultural life. However, a more worrisome consequence of poverty in recent past in Nigeria – apart from the glaring underdevelopment in most rural areas – is the issue of insecurity which has caused instability in most parts of the country (Muhammad, 2012; Egwemi and Odo, 2013). A case in point to this assertion is the challenge of *Boko Haram* insurgency affecting most parts of the North-East (especially, Borno, Yobe, and Adamawa States). Over the years, these problems have contributed substantially in causing civil unrest leading to large-scale humanitarian crisis, underdevelopment and loss of livelihoods for most residents of the region (Ogbozor, 2016; UNDP, 2018).

In a bid to eradicate poverty and promote rural development in the country, several developmental programs and projects were initiated and implemented by the government at every tier over the years. However, despite the adoption of a wide range of poverty reduction strategies over the years by the government,

poverty is still pervasive in most parts of the country. According to Adepoju and Yusuf (2012) and Agbaje et al. (2013), improper diagnosis of poverty is advanced prominently among the reasons for the country's inability to eradicate poverty over the years. This has caused poor targeting of interventions' beneficiaries resulting in lack of policy continuity (Onwuemele, 2015). Similarly, the issue of poverty in Adamawa State has elicited several studies in recent years (Margwa et al., 2015; Tashikalma et al., 2016). However, in contrast to the multidimensional nature of the problem, most of these attempts considered the problem from a unidimensional angle (used income/expenditure as an indicator of poverty); whereas others only covered parts of the State. Having an understanding of the multidimensional nature of rural poverty (especially the pattern and determinants) is a necessity for effective pro-poor development strategies that will reduce poverty and improve people's wellbeing (Ifelunini et al., 2013). To effectively address poverty and minimize deprivation (and improve well-being), there is the need to understand the prominent underlying causes of poverty and reduce it across all fronts (Ologbon et al., 2014; Dudek and Lisicka, 2015). Hence, there is need for a more detailed multi-dimensional analysis of the problem in the State. The specific objectives of the study were to describe the socio-demographic characteristics of the respondents sampled, determine the multidimensional poverty status of the respondents, and identify the determinants of multidimensional poverty in the area.

### Study area

Adamawa State is located in north-east Nigeria, between latitudes 7° and 11°N and between longitudes 11° and 14°E (Adamawa..., 2016). The State covers a landmass of about 38,700 km<sup>2</sup>, and experiences a tropical wet and dry climate. During the wet season, the mean annual rainfall ranges from 197 mm to 700 mm in the southern and north-western parts of the State, respectively. The State has an estimated population of about 4,438,628 people who mostly reside in rural areas, and are mostly engaged in agricultural activities.

### Sampling technique

The study used a multi-stage cluster sampling technique to draw respondents. In the first stage, nine Local Government Areas (representing 43% of all LGAs

in the State) were randomly selected. According to IFAD (2014), the Multidimensional Poverty Assessment Tool (MPAT) uses a standardized sample size of 16 to 30 villages with 30 households per village. The study adopted a 16 by 30 MPAT model, hence, 16 rural communities were randomly selected across the sampled Local Government Areas in the second stage. In the third stage, 30 households were selected at random from each of the villages sampled. Thus, 480 rural household heads were picked for the study. The villages sampled were Yadim, Muninga, Fa'a Gaya, Uding, Bole II, Gurumpawo, Sugu, Tsohon-Banjiram, Nasarawo Binyeri, Tola, Mbullo, Yanga, Karazah, Futless, Bwade, and Pakka.

### Analytical technique

The study used a combination of analytical tools to achieve its objectives. Descriptive statistics involving frequencies, means and percentages were used to describe the respondents' socio-demographic characteristics. The Multidimensional Poverty Analytical Tool (MPAT), as adopted from IFAD (2014), was used to determine the respondents' multidimensional poverty status. The determinants of multidimensional poverty were identified using binary logistic regression model in the study area. The Multidimensional Poverty Analytical Tool uses meticulously designed and established surveys to collect data on all the indicators of human wellbeing (Cohen, 2009; IFAD, 2014). Each subcomponent is made up of numerous survey items, and the values that constitute each subcomponent are aggregated using a weighted arithmetic mean and converted to a scale of 10–100. Afterwards, household scores were obtained for each subcomponent. Households with cumulative average scores below the cut-off point (30% of the weighted indicators) were considered to be poor. The weighted arithmetic average formula as used by IFAD (2014) is presented as follows:

$$y_{ij} = \sum_{i=1}^n w_{ik} x_{ijk} \quad (1)$$

where:  $y_{jk}$  is the score for household  $j$  in subcomponent  $k$ ,  $w_{ik}$  is the weight attached to the survey question  $I$  in subcomponent  $k$ , and  $x_{ijk}$  is the scaled score for household in question  $i$  in subcomponent  $k$ .

$$\text{Therefore, } \sum_{i=1} w_{ik} = 1 \text{ and } 0 \leq w_{ik} \leq 1.$$

These subcomponent scores were then aggregated using a weighted geometric average to calculate the main component scores. The weighted geometric average formula is as follows:

$$y_{jk} = \prod_{i=1}^n x_{ijk}^{w_{ik}} \quad (2)$$

where:  $y_{jk}$  is the score for household  $j$  in subcomponent  $k$ ,  $w_{ik}$  is the weight attached to the survey question  $i$  in subcomponent  $k$ , and  $x_{ijk}$  is the scaled score for household in question  $i$  in subcomponent  $k$ .

Therefore,  $\sum_{i=1}^n w_{ik} = 1$  and  $0 \leq w_{ik} \leq 1$ .

The Multidimensional Poverty Status (MPS) of the respondents (which is bivariate), assumed the value of 1 for a multidimensionally non-poor household and 0 for a poor household. The binary logit regression model is expressed mathematically as:

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 \dots + \beta_{11} X_{11} + U \quad (3)$$

where:

- $Y$  = multidimensional poverty status (1 = non-poor, 0 = poor)
- $\beta_0$  = constant
- $X_1$  = age (years)
- $X_2$  = gender (male = 1, female = 0)
- $X_3$  = marital status (single = 0, married = 1)
- $X_4$  = household size (number of people)
- $X_5$  = educational attainment (number of years of formal schooling)
- $X_6$  = livelihood activities (number)
- $X_7$  = livestock ownership (estimated monetary value in NGN)
- $X_8$  = membership of group (yes = 1, no = 0)
- $X_9$  = remittance received (estimated monetary value in NGN)
- $X_{10}$  = farm size (ha)
- $X_{11}$  = access to formal credit (1 = can access, 0 = otherwise)
- $U$  = error term

## RESULTS AND DISCUSSION

### Socio-demographic characteristics of the respondents

The socio-demographic characteristics of the respondents are presented in Table 1. Findings of the study

**Table 1.** Socio-demographic characteristics of the respondents

Variable	Frequency	Percentage (%)
<b>Age</b>		
<30	14	2.9
30–39	113	23.5
40–49	167	34.8
50–59	123	25.6
60 and above	63	13.1
Mean	46.3	
<b>Gender</b>		
Female	64	13.3
Male	416	86.7
<b>Marital Status</b>		
Married	440	91.7
Single	12	2.5
Divorced	7	1.5
Widowed	21	4.4
<b>Household Size</b>		
1–5	87	18.1
6–10	336	70.0
11–15	56	11.7
>15	1	0.2
Mean	7	
<b>Educational Level</b>		
Non-Formal	126	26.3
Primary	227	47.3
Secondary	91	19.0
Tertiary	36	7.5
Total	480	100.0

Source: field survey, 2018.

indicated that most of the respondents are relatively young (with an average age of 46 years). This implies that most of them can afford to engage in various livelihood activities that will contribute towards improved household wellbeing. The distribution of respondents by gender reveals that 86.7% of them were male while

females constituted 13.3%. The respondents' marital status revealed that married persons accounted for 91.7% while the singles, divorced and widowed constituted 2.5%, 1.5% and 4.4%, respectively. Findings of this study showed that most households are large (with an average of 7 persons). The Table also presented the respondents' educational attainments which show that people with formal education constituted 73.7% while those with non-formal education accounted for 26.3%.

### Sampled households' multidimensional deprivations

Rural poverty has different manifestations as illustrated in Table 2. The findings indicated high deprivation in three fundamental human need components, namely housing, clothing and energy, education, and health. Similarly, there was high deprivation in terms of exposure and resilience to shock, which is a non-fundamental component. The highest deprivation was in terms of housing and clothing with an average score of 25.7%.

This finding implies that most respondents live in houses that were constructed with substandard materials, and also have inadequate clothing materials to meet the expected standard. According to Sokołowski et al. (2019), energy poverty occurs when a household is unable to afford the energy needed to provide its members with adequate warmth, cooling, lighting, and appliance use. Households in the area mostly use unsustainable fuel source for cooking, heating and lighting. The study further revealed a very high level of educational deprivation (an average score of 30.1%). This may aggravate the poverty situation of the people, as suggested by Holmes et al., 2012. Findings from this study also showed high deprivation in terms of health and healthcare, with an average score of 30.5%. On the overall, health quality in the area is low, which was reflected in the low health status of the respondents and the inability of most of them to afford health services. This can frequently cause food and livelihood insecurity, and perpetuate vulnerability (UNDP, 2018). Another component with

**Table 2.** Component scores of Multidimensional Poverty Indicators

Main and sub-components		Average	[min, max]	Average scores of the main components
1		2	3	4
Food & nutrition security	consumption	83.7	[66.0, 96.0]	79.1
	access stability	89.3	[59.0, 100.0]	
	nutrition quality	62.4	[43.0, 67.3]	
Domestic water supply	quality	52.9	[42.8, 60.0]	65.5
	availability	80.7	[38.0, 86.5]	
	access	62.8	[51.0, 72.0]	
Health & health care	health status	44.1	[31.0, 55.0]	30.5
	access & affordability	12.5	[10.0, 61.5]	
	quality	61.0	[44.0, 64.3]	
Sanitation & hygiene	toilet facility	80.1	[46.0, 82.0]	67.9
	household waste management	45.7	[25.0, 53.5]	
	hygiene practices	76.2	[67.5, 78.0]	
Housing, clothing & energy	housing structure quality	29.1	[24.0, 73.0]	25.7
	clothing	34.6	[10.0, 55.0]	
	energy	20.0	[20.0, 20.0]	

**Table 2 – cont.**

	1	2	3	4
Education	quality	41.0	[39.8, 43.8]	30.1
	availability	25.0	[25.0, 25.0]	
	access	32.4	[10.0, 65.0]	
Farm assets	land tenure	87.3	[52.5, 100.0]	44.0
	land quality	75.0	[50.0, 100.0]	
	crop inputs	27.6	[27.7, 27.7]	
	livestock/aquaculture inputs	10.6	[10.0, 50.0]	
Non-farm assets	employment & skills	38.0	[21.3, 73.8]	46.6
	financial services	46.2	[20.0, 60.0]	
	fixed assets & remittances	65.9	[22.0, 86.0]	
Exposure & resilience to shocks	degree of exposure	10.0	[10.0, 10.0]	35.8
	coping ability	74.9	[71.5, 76.0]	
	recovery ability	60.4	[41.0, 67.3]	
Gender & social equality	access to education	82.1	[70.0, 94.0]	57.0
	access to health care	55.0	[55.0, 55.0]	
	social equality	42.8	[19.6, 82.5]	

Source: MPAT result output, 2018.

high deprivation is the respondents' exposure and resilience to shock (an average score of 35.8%). Sustainable poverty reduction can only be achieved and managed effectively if people's vulnerability is reduced (Agbaje et al., 2013). The respondents' poverty severity and possibility of falling into poverty is greatly affected by their vulnerability. This is because increased exposure to risk/shocks reduces household ability to accumulate assets and income which can be invested in other key household needs like health and education.

### Multidimensional poverty status of households sampled

Based on the magnitude of respondents' deprivations across the various indicators of poverty measurement used in the study, the result indicated that multidimensional poverty is pervasive among majority of the households in the study area. This finding lends credence to the submissions of OPHI (2017) and Tashikalma et al. (2016) who were of the view that poverty remained

**Table 3.** Multidimensional poverty status of the respondents

Status	Frequency	Percentage (%)
Poor	296	61.7
Non-poor	184	38.3
Total	480	100.0

Source: field survey, 2018.

a huge developmental challenge affecting Adamawa State.

### Factors influencing multidimensional poverty

The result of the binary logit regression used to identify the determinants of multidimensional poverty in the study area is presented in Table 4. The logit model has

a pseudo  $R^2$  of 60.2% and an LR statistic that is significant at 1%, showing that the model is a good fit for the data. The result showed that the probability of being poor in the study area increases with advancement in age (and the coefficient is statistically significant at 1%). This finding implies that the probability of being poor increases with age. The above is in consonance with the submissions of Adeoti (2014) and Amao et al. (2017) who reported that age is a significant determinant of poverty across Nigeria. In the study area, the likelihood of being poor increases with being a female (rather than male). This finding suggests that the study area exhibits poor equality between men and women in terms of accessing both economic and social resources. Also, marital status showed a significant influence on the households' poverty status in the study area. This finding suggests that the possibility of becoming multidimensionally poor is higher among married persons compared to their non-married counterparts. Similarly, the respondents' household sizes showed a significantly negative relationship with the likelihood of being non-poor in the study area. In line with the *a priori* expectation and the assertions of Adeoti (2014), multidimensional poverty reduces with an increase in the

level of education of the household head. The study also revealed a direct positive relationship between the number of livelihood activities and the chances of being non-poor. This implies that respondents undertaking more activities are more likely to be non-poor compared to their counterparts with fewer activities. Further, the study revealed that farm size was also a significant factor affecting multidimensional poverty. This finding is in consonance with the result of Asogwa et al. (2012) who claimed that increased farm size improves the household's food security status. In this study, livestock ownership significantly affects the poverty status of the respondents. Also, remittance showed a significant relationship with poverty in the study area. The significance of remittance in this study could be attributed to the fact that access to remittance can contribute to improving household income which will likely be reflected in the household's wellbeing. This submission agrees with the views of Asogwa et al. (2012) and Adepoju and Adejere (2013) who reported that the probability of being poor is reduced by increased household access to remittance. In the same vein, access to credit also indicated a positive influence on the likelihood of being non-poor. This finding

**Table 4.** Parameter estimates for factors that influence multidimensional poverty

Variable	Coefficient	Std. error	Z-statistic
Age ( $X_1$ )	-0.039976	0.016103	-2.482527*
Gender ( $X_2$ )	3.170254	0.781133	4.058531*
Marital status ( $X_3$ )	-2.879501	1.249619	-2.304304**
Household size ( $X_4$ )	-0.353091	0.087364	-4.041599*
Educational level ( $X_5$ )	0.159631	0.036763	4.342146*
Livelihood activities ( $X_6$ )	0.656284	0.134820	4.867846*
Farm size ( $X_7$ )	0.656954	0.129869	5.058577*
Livestock ownership ( $X_8$ )	8.88E-06	2.69E-06	3.296863*
Received remittance ( $X_9$ )	4.85E-06	1.90E-06	2.546460*
Membership of group ( $X_{10}$ )	2.381698	0.351327	6.779154*
Access to credit ( $X_{11}$ )	1.103260	0.352759	3.127516*
Constant	-3.269280	1.799251	-1.817023***

\*, \*\*, \*\*\*Significant at 1%, 5% and 10%, respectively.  
Source: Eviews 9 software.

validates the submissions of Adepoju and Adejere (2013) who revealed that households with access to higher amount of credit have a lower probability of being poor.

## CONCLUSION AND RECOMMENDATION

This study established that multidimensional poverty is pervasive in rural parts of Adamawa State, and this trend will continue to worsen unless concrete efforts are made towards ameliorating it. Prioritizing the reduction of multidimensional poverty will promote improved livelihoods for rural residents while supporting peace and stability in these areas. Based on the findings the study, the following recommendations were made:

- There is need for adequate investment in critical (physical) infrastructure that will encourage diverse economic activities in rural areas.
- Provision of adequate security for life and property will reduce household vulnerabilities to stress/shock which contributes immensely to the people's poverty in the study area.
- Farmers should be encouraged to form societies that will enhance their agricultural production knowledge while reducing resource access constraints.

## SOURCE OF FINANCING

Personal.

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